

Lack of Compliance to Hepatocellular Carcinoma (HCC) Screening Guidelines in Hepatitis B (HBV) or C (HCV) Virus co-infected with HIV Patients with Cirrhosis

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Background

The incidence of hepatocellular carcinoma (HCC) in HBV or HCV HIV-co-infected patients is increasing possibly due to an increase in the prevalence of cirrhosis.¹ Since 2005 guidelines recommend HCC screening by ultrasonography every 6 months in patients with cirrhosis.²⁻⁵

Aim

We assessed compliance with HCC screening guidelines in HBV and HCV HIV-co-infected patients with cirrhosis.

Methods

Patients with cirrhosis and HCV or HBV HIV-co-infection from 4 cohorts from The Netherlands, France, Austria and Italy participating in the COHERE collaboration (www.CoHERE.org) were followed between 1 January 2005 and 1 January 2015.

HBV co-infection was defined as being HBsAg positive and HCV co-infection as HCV antibody-positivity.

Assessment of liver cirrhosis was based on a) clinical diagnosis reported in the chart, b) liver biopsy, c) fibroscan result (>11.8 kPa for HBV and >12.6 kPa for HCV), or d) APRI-score >2.0.

Compliance to HCC screening guidelines was defined as at least one ultrasound every 6.5 months (during follow-up time). Generalized estimating equation (GEE) models adjusted for repeated measurements were fitted to determine the predictors of the lack of compliance to HCC screening guidelines.

Sensitivity analyses were conducted, in which:

- patients with a cirrhosis assessment using APRI-score were excluded;
- the allowed time in between ultrasounds was extended to 9 and 12 months.

Results

Table 1. Demographic characteristics

| Total | N | 1743 |
|-----------------------------------|--------------------------------------|------------------|
| Cohort | AHIVCOS (%) | 327 (19) |
| | ATHENA (%) | 763 (44) |
| | HEPAVIH (%) | 337 (19) |
| | HSR (%) | 316 (18) |
| Age at cirrhosis diagnosis | Years, median (IQR) | 43 (36-48) |
| Gender | Male/Female (%) | 1387/356 (80/20) |
| Region of origin | Western (%) | 1451 (83) |
| | Sub Saharan Africa (%) | 131 (8) |
| | Other (%) | 161 (9) |
| Transmission route of HIV | IDU (%) | 772 (44) |
| | MSM (%) | 555 (32) |
| | Heterosexual (%) | 246 (14) |
| | Other (%) | 69 (4) |
| | Unknown (%) | 101 (6) |
| Hepatitis co-infection | HCV (%) | 1306 (75) |
| | HBV (%) | 320 (18) |
| | HCV&HBV (%) | 117 (7) |
| Use of cART | N (%) | 1676 (96) |
| Follow up time in years | Median (IQR) | 6.2 (3.7-9.7) |
| Cirrhosis diagnosis | Chart / Fibroscan / Liver biopsy (%) | 646 (37) |
| | Chart (%) | 563 (87) |
| | Liver biopsy (%) | 12 (2) |
| | Fibroscan (%) | 71 (11) |
| | Apri-score > 2.0 (%) | 1097 (63) |

Figure 1. Compliance to HCC screening ≤ 6.5 months varied between 3% (2005) and 7% (2007-2010).

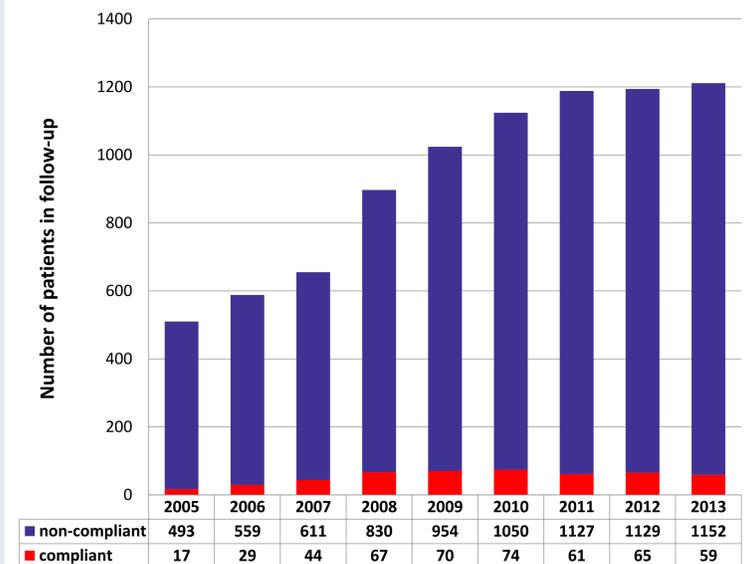
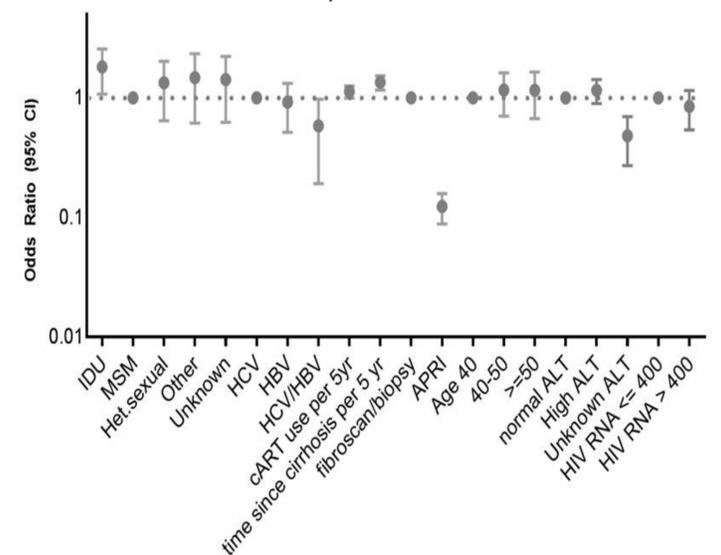


Figure 2. Adjusted odds ratios for compliance to HCC screening (≤ 6.5 months between two ultrasounds).

In multivariate analysis, longer cumulative combination antiretroviral therapy (cART) use, longer time since diagnosis of cirrhosis and injecting drug use (IDU) were associated with a higher compliance. Lack of ALT measurements, assessment of cirrhosis by APRI score and HBV+HCV co-infection were associated with a lower compliance.



Sensitivity analyses

If all patients with cirrhosis assessment using APRI-score were excluded, HCC screening compliance increased and varied between 5% in 2005 and 18% in 2008. If screening intervals were increased to 9 and 12 months, compliance varied between 4% and 11% with 9 months interval and between 4% and 15% for the 12 months interval.

Conclusions

Compliance with HCC screening recommendations in at-risk HBV and/or HCV HIV-co-infected patients is low in Europe. In the light of an aging population and subsequently an increasing prevalence of liver cirrhosis this is a situation that needs to be addressed urgently.

References

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